

BEHAVIOURAL SUPPORT ROUNDS

Thursday, July 18th, 2024 | 2–3 PM EDT

PRESENTATION TITLE:

Non-pharmacological approaches to dementia risk reduction

PRESENTERS:

Dr. Susan Vander Morris is a psychologist in the Neuropsychology and Cognitive Health Program at Baycrest. She received her Ph.D. in clinical neuropsychology from the University of Victoria, and completed a postdoctoral fellowship in cognitive neuroscience at the Rotman Research Institute. She presently runs the Memory and Aging Program and provides clinical neuropsychological assessment services to older adults. Her research involves applications of neuropsychological assessment and intervention to improve diagnostic accuracy and enhance daily functioning.

Dr. Matthew McPhee is a psychologist in the Neuropsychology and Cognitive Health Program at Baycrest. He received his Ph.D. in clinical psychology from the University of Toronto, and completed a post doctoral fellowship in cognitive intervention at the Rotman Research Institute. He is one of three psychologists presently leading the Learning the Ropes for Living with MCI program at Baycrest. His research focuses on the real-world effectiveness and outcomes of cognitive intervention programs.

LEARNING OBJECTIVES:

By the end of the presentation, participants will be able to:

- Learn about interventions for dementia risk reduction and memory strategy training
- Describe how the application of mnemonic strategies supports functional memory
- Identify and explain the relationship between lifestyle factors and dementia risk

HOW TO PARTICIPATE:

- **Register in advance [here](#).** After registering, you will receive information about joining the webinar
- If you have any questions about these rounds or wish to be included on the distribution list, please contact Bianca Figueira at BFigueira@baycrest.org
- If you have Zoom Webinar questions, please contact Agnes Cheng Tsallis at achengtsallis@baycrest.org

HOW TO OBTAIN A CERTIFICATE OF ATTENDANCE:

After having attended, complete the evaluation survey and enter an email address to request your certificate.

These sessions are open to all healthcare professionals and students to provide a learning forum to review leading practices in assessing and managing personal expressions, as demonstrated by individuals who live with dementia.

These Rounds are co-sponsored by the Behavioural Support for Seniors Program, and the Ontario Centres for Learning, Research and Innovation in Long-Term Care at Baycrest

