

BEHAVIOURAL SUPPORT ROUNDS

Thursday, June 20th 2024 | 2–3 PM EDT

PRESENTATION TITLE:

Virtual Reality as a non-pharmacological Leisure intervention to reduce responsive behaviours in a Transitional Behavioural Support Unit – Research findings

PRESENTERS:

Mara Swartz, since starting at Baycrest over 38 years ago, Mara Swartz has contributed to impacting the lives of clients through therapeutic recreation among many different programs across the Baycrest campus, such as Complex Continuing Care, the Terraces Wagman Centre, and most recently the Transitional Behavioral Support Unit at the long-term care home. She has always used the philosophy of Leisure when engaging with residents and patients, and advocated for best practices for the clients Mara has participated in various educational and Interprofessional collaborations throughout her career, and has a degree in Hons. BA in Therapeutic Recreation from the University of Waterloo. In her free time, she enjoys photography, baking and spending time with family.

LEARNING OBJECTIVES:

By the end of the presentation, participants will be able to:

- Identify 3 benefits of using VR as a non-pharmacological leisure intervention with clients who have responsive behaviors
- Identify 3 ways to safely introduce VR to persons with responsive behaviors
- Identify 2 ways participant can use VR in their organization to reduce behaviors

HOW TO PARTICIPATE:

- **Register in advance [here](#).** After registering, you will receive information about joining the webinar
- If you have any questions about these rounds or wish to be included on the distribution list, please contact Bianca Figueira at BFigueira@baycrest.org
- If you have Zoom Webinar questions, please contact Agnes Cheng Tsallis at achengtsallis@baycrest.org

HOW TO OBTAIN A CERTIFICATE OF ATTENDANCE:

After having attended, complete the evaluation survey and enter an email address to request your certificate.

These sessions are open to all healthcare professionals and students to provide a learning forum to review leading practices in assessing and managing personal expressions, as demonstrated by individuals who live with dementia.

These Rounds are co-sponsored by the Behavioural Support for Seniors Program, and the Ontario Centres for Learning, Research and Innovation in Long-Term Care at Baycrest

